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Sister Hazel

Volume 30, Number 27 www.mcbh.usmc.mil July 19, 2001

1/12 Marine dies after overdose

Sgt. David Salazar Press Chief

A cannoneer with Alpha Battery, 1st Bn., died after suffering com- he plications resulting from an overdose of ecstasy.

Lance Cpl. Kristofer P. Villanueva, a 21-year-old Shalamar, Fla., native, was pronounced dead July 12 at Tripler Army Medical Center — almost eight days after being rushed to St. Francis Hospital on Leeward Oahu.

Villanueva was at a party at Ewa Beach on in the feeling of euphoria July 4 when he began convulsing. Medical observation linked Smith's condition to an overdose of the "club drug" Ecstasy.

Over the course of the week, Villanueva's con-

dition deteriorated due to several complications as a result of the overdose.

Villanueva's condition 12th Marine Regiment, further worsened when developed Rhabdomyolysis. Rhabdomyloysis is a disorder that involves injury to the kidney caused by toxic effects of myoglobin — the bodily chemical found in skeletal muscle.

> Ecstasy is a form of methamphetamine that depletes the brain of the mood-controlling chemical, serotonin.

> This depletion results by users of the drug. Studies show that Ecstasy also holds potential neurotoxicity factors, according to a report on WebMD at http://con-

See OVERDOSE, A-14

Sister Hazel rocks BayFest



Members of the contemporary rock band Sister Hazel, perform before a crowd of more than 10,000 people during BayFest 2001 Saturday. The event, which was held aboard MCB Hawaii, Kaneohe Bay, hosted more than 30,000 people from aboard the base and the surrounding island community, making the three-day event the most successful in five years. For more BayFest 2001 coverage, see pages B-1 and B-5.

Corps loses three to CH-46E crash in New River



A crane from P. A. Loving Co., a civilian contractor hired to remove the aircraft from New River, lifts the first of five major pieces of the CH-46E that crashed July 9.

Compiled by Sgt. David Salazar **Press Chief**

MARINE CORPS AIR STATION NEW RIVER, N.C. — A memorial service was held Friday aboard Marine Corps Air Station New River for three Marines who died after a CH-46E Sea Knight helicopter crash.

The helicopter, which was attached to the 26th Marine Expeditionary Unit, crashed into a shallow portion of New River during a training exercise July 9.

Five Marines in all were aboard the aircraft at the time of the crash.

The pilot, Maj. Charles A. Rust, of Delaware, Pa., and the co-pilot 1st Lt. Christopher Knarr of Clearfield, Pa., survived the incident.

Deceased are: Sgt. Richard C. Beaty, 30, from

Cleavland, Tenn., Sgt. Bryon E. Lane, 26, from Windsor, Vt., and Lance Cpl. Sean M. Hughes, 20, from Strafford,

"In the wake of the tragic mishap of July 9, 2001, the Marines and Sailors of the 26th MEU pay homage to our fallen comrades; they have given the ultimate sacrifice to our Corps and country," said Col. Andrew P. Frick, the 26th MEU commanding officer, in a written

"Our prayers and thoughts go out to their families and loved ones. It is these tragic moments that act as stark reminders of the inherent risks; not only in Naval Aviation, but of all that Marines and Sailors are called to do. Every member of the 26th MEU family will remember our fallen comrades and pray for their fami-

The cause of the incident is under investigation.

One shot, one kill Marine scores 'dream car' at BayFest 2001

Sgt. Robert Carlson Combat Correspondent

KAILUA — Corporal Jon Harwell, an adminisclerk tration Headquarters Co., 3rd Marine Regiment, picked up his new \$84,000 High Mobility Multipurpose Wheeled Vehicle at Mike McKenna's Windward Ford-Hummer Monday.

Harwell was the final contestant in McKenna-sponsored paper airplane toss as BayFest 2001 drew to a close Sunday evening.

my life, and I had a feeling I could win this," Harwell told reporters right before the vehicle was officially handed over to him.

He said he won two paper airplane contests in elementary school, and was sure he could get the plane through the 8-inch hole.

"It was amazing. It was the last day, and we announced there was time for one more toss," Frank Caliri, McKenna's coordinator for the event. "He was the last guy in line, and "I've been lucky all of the place just erupted



Corporal Jon Harwell, an administration clerk with Headquarters Co., 3rd Marine Regiment, won an \$84,000 High Mobility Multipurpose Wheeled Vehicle from McKenna William of China Harvey and the standard of China Harvey and the stand per airplane flew through an 8-inch diameter hole during a contest at BayFest Sunday.

when his plane went in."

McKenna served in the Marine Corps during the Korean War, and consistently supports the Marines and Sailors aboard MCB Hawaii, Kaneohe Bay.

"The Marine Corps Base is part of our community, and BayFest is

an important event here, he said before handing Harwell the keys. "We had between 3,000 and 3,500 people sign up, and this gentleman not only had his entry drawn, he put his airplane through the hole."

See HUMVEE, A-14

QDR: Blueprint to transformation

Jim Garamone

American Forces Press Service

WASHINGTON - If you read the newspapers or watch television you are hearing a lot about the Quadrennial Defense Review. What exactly is this QDR and how does it affect servicemembers?

The QDR is the vehicle DoD will use to transform the American military. Defense leaders will use the information generated by the QDR to shape the budgets. Defense Secretary Donald H. Rumsfeld has sped up work on the 2002 QDR so officials can use the information generated by the massive study in building the fiscal 2003 DoD budget request.

In short, the QDR process will address U.S. strategy, force structure and efficient resource management for the long term.

The QDR, as it is configured, is a new creation. This is only the second time DoD has gone through the operation, but there have been similar studies before.

During the first Bush Administration there was a review of the military that resulted in the "Base Force." In 1993, then-Defense Secretary Les Aspin ordered a "Bottom-up Review." Both these studies tried to envision the U.S. military as it confronted a post-Cold War world. From these came the two major regional contingencies model the services use as a

See QDR, A-14

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MCBH NEWS BRIEFS

BASE CHAPEL HOSTS PICNIC

The MCB Hawaii Base Chapel will hold only one combined Protestant Service, Sunday at 11 a.m., followed by a Protestant community picnic at Risley Field, across from the Semper Fit Center.

Protestants are invited to bring their whole family and come worship at the Base Chapel, then fellowship and discover ways to get involved in the Base Chapel community at the picnic.

Currently, volunteers and participants are needed to support several ongoing and upcoming programs such as Sunday School and Vacation Bible School.

Vacation Bible School will take place Aug. 6-10, and Sunday School is held for all ages at 9:30 a.m. at the Armed Services Y.M.C.A. Building 579, just down from the Officers'

Contact Paul Fields at 262-4256, for info.

INCREASED TRAINING EXPECTED

Due to an exercise, base residents and employees should expect to see increased training vehicles aboard MCB Hawaii, Kaneohe Bay, through Saturday.

Areas near the Boondocker, West Field and the beach cottages will be most affected by the exercise.

AUDITORS WANTED

The Marine Corps Nonappropriated Fund Audit Service is looking for qualified Marines to lateral move into Military Occupational Specialty 3441, which provides independent reviews and audits of NAF activities and opportunities to obtain educational studies and civilian certifications.

Interested Marines should contact Master Sgt. Saltz at 257-8875.

EOD MARINES SOUGHT

The Explosive Ordnance Disposal field is looking for motivated Marines to lateral move into Military Occupational Specialty 2336 and join their ranks.

Volunteers must be a corporal or sergeant, a U.S. citizen, have a GT of 110 or higher, and be able to hold a secret security clearance.

Motivated Marines meeting these basic requirements should contact their career planner or call 257-7112 for more details.

IMPORTANT PHONE NUMBERS Base Emergency **MPD** 257-7114

Hawaii **AARINE**

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Before giving the awards out to the KVs of 2/3, Lt. Col. Dan Liddell, commanding officer for 2/3, spoke to the Marines, Sailors and families about the importance of the KV program and the spouses that run it.

2/3 honors key volunteer spouses, commends support



Liz Arnone, Weapons Co., 2/3 representative

Anita Elizondo.

H&S Co., 2/3

representative

Story and photos by Cpl. Roman Yurek

The Marines of 2nd 3rd Marine Battalion. Regiment, honored the unit's Key Volunteers on Friday with a flagpole ceremony, after morning colors.

There were 13 wives from the battalion that received a certificate of commendation for support they gave other wives while their husbands were away and for the "welcome home" activities they held for their return, July 4-

"Being a Marine, we make many sacrifices deploying for seven months away from our home, family and loved ones. The greatest sacrifice we make is leaving our loved ones. So, we must be sure they are taken care of," said Lt. Col. Dan Liddell, the 2/3 commanding officer.

Wives like Charlaina Diaz, one of the battalion's key volunteer coordinators, has experienced four deployments.

Diaz and other experienced wives especially help support the unit's new wives while their husbands were away.

"The key volunteers help newly married wives that don't know about some of the programs available to them, like applying for a loan or medical assistance. I have also visited some of the wives in the hospital when their husbands couldn't come, so they are not alone," said Diaz.

These women sacrificed their own time to help the wives in the battalion.

One of the ways they tend: Betty Liddell, the 2/3 helped other

and programs. When 2/3 left, the wives got together for a Christmas party, explained Diaz.

wives was by

hosting parties

They also held a spring picnic. Using modern technology, the wives set up teleconferencing between families and deployed

Marines. The technolo-



Charlaina Diaz, 2/3 KV coordinator

gy allowed Marines in Okinawa to sit in front of a camera and see and talk to their families sitting before cameras linked by satellite.

The wives also setup phone trees so all the wives could remain in contact with one another, said Navy Lt. Robert Cain, the 2/3 chaplain. This system also allowed the KV representatives to pass information amongst the wives in the battalion by calling the numbers listed on the phone

When the Marines returned from Okinawa, Japan, their wives made cookies for them. According to Diaz, the 2/3 KV made 1,400 cookies.

Lt. Col. Liddell described the battalion as a family during his speech to the Marines and Sailors of 2/3.

"We have a good family here that takes care of each other, but we couldn't do anything without the KVs, who act like the mothers of the family," he said.

The battalion had 13 women that received the certificate, but only nine were able to attend the ceremony. They were Charlaina Diaz, a KV coordinator for the battalion; Kelly Smith and Anita Elizondo, representatives for Headquarters and Service Co.; Coty Chandler, Crystal McCombs and Ginger Phillips, representatives for Echo Co.; Aimee Reyes, a representative for Fox Co.; Sandra Tisdale, a representative for Golf Co.; and Liz Arnone, a representative for Weapons Co.

Four women couldn't at-

KV advisor; Vickie Harris, a KV coordinator for the battalion; Anissa McBride, a representative for Golf Co.; and Amanda Estenson, a key vol-unteer representative for Weapons



Echo Co, 2/3. representative



Sandra Tisdale. Golf Co., 2/3 representative



Aimee Reyes, Fox Co., 2/3 representative



Crystal McCombs,

Echo Co., 2/3

representative

Ginger Phillips, Echo Co. 2/3 representative

"We have a good family here ... but we couldn't do anything without the KVs."

> Lt. Col. Dan Liddell Commanding Officer, 2/3



Kelly Smith, H&S Co., 2/3 representative

HAWAII MARINE July 19, 2001 • A-3



Lance Cpl. David Hohiemer, a reserve MP, puts the cuffs on fellow reserve MP, Lance Cpl. Derek Williams, during the practical application of handcuffing techniques.

Kentucky MPs train at K-Bay, assist with BayFest security

Story and photos by **Cpl. Roman Yurek**

Reserve Military Police Co. A from Lexington, Ky., fulfilled their two weeks of reserve duty, July 9-20, at MCB Hawaii, Kaneohe Bay to train with active duty Marines and augment the BayFest 2001 Military Police security force.

The Marines worked in an unfamiliar environment honing their basic law enforcement skills and updating some of their qualifications.

"This training is very different. Most of us are field MPs and we rarely work in garrison, so this training is a good refresher course for something we don't do a lot," said Sgt. Matt Logan, one of the field MPs in Co. A.

For a few of these Marines working on a base was not the only new aspect of their training, but adapting to the climate in Hawaii was also a challenge.

"This is the fourth or fifth year in a row that [the unit] has flown out here. For some of the Marines, this is the first time they have been out here, but they are adapting well," said Staff Sgt. Robert Loudermilk, the staff noncommissioned officer in charge of Co. A.

The Marines began their training at the Rifle Training Facility at Ulupau Crater to enhance their marksmanship

The nearly 20 reserve Marines refined apprehension skills from K-Bay MPs. During these classes, Co. A Marines practiced handcuffing techniques, take downs and ways to escape from a weapon being pointed at them.

"I am not trying to tell you how to handcuff somebody; I just want to show you other techniques. I know many of you are police officers in the civilian world, and you are probably comfortable with one technique. This is just to give you options," said Cpl. Mike Pelchat, the training NCO for the MP Co. at K-Bay.

Since many of the reservists are police officers in their home towns, their instructor told them to try the techniques that they were being taught, but to stick with what they feel more comfortable with.

"There isn't a big difference in what we do here and what civilian police do. Cuffing and approaching a vehicle are all similar," said Lance Cp. Jamie Land,

an MP with Co. A and a civilian police officer.

Two days before BayFest, the Marines received baton training and qualified with pepper spray. Friday through Sunday, the reserve unit assisted at BayFest by providing security at the event.

Following BayFest, the reservists participated in ride-alongs with base MPs and also stood guard at the front and back gates.

The MPs did receive a chance to visit some of the sights around the island before going back to Kentucky.

"When we first got here, we took a tour around the island. Before we leave, we are going to have a barbecue with [base] MPs. The Marines will also be allowed to see the island on their own," said Loudermilk.

Friday the reserve MPs leave for "Bluegrass state," but Loudermilk plans on his unit returning next year for training.



Before testing the reserve MPs, Cpl. Mike Pelchat, the training noncommissioned officer for K-Bay's MP Co., briefs the Marines some of the common errors he witnessed.

Word on the **STREET**

What was your favorite at BayFest?



"I tried to come out yesterday for the concert, but I couldn't make it. So far it has been really fun, my daughter really enjoys all the rideš here."

Sgt. 1st Class William Coleman Artillery section chief Schofield **Barracks**

favorite part of BayFest is the rides. I really like the Wave Swing. The food here is wonderful too." Rose **Bennett** Military spouse Schofield **Barracks**





"The displays .. I went over there to see what they were all about. This shows people out in town what we can do for them and some of the military capabilities have."

Cpl. Hector Dominguez Squad leader 3/3

"My favorite is the bumper cars. I like driving around and ramming into the other cars as fast as I

can." Dana **Valledor** Kailua resident



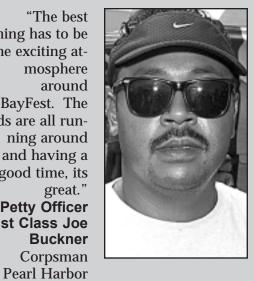


"I like all the fast rides, especially when they turn you upside down. It is fun just going really fast up in the

Dale Valledor Kailua resident

"The best thing has to be the exciting atmosphere around BayFest. The kids are all running around and having a good time, its great." **Petty Officer** 1st Class Joe **Buckner**

Staff Sgt. Jon Jerome, training chief for the MP Co., MCB Hawaii, Kaneohe Bay, flips a Marine from reserve MP Co. A, out of Lexington, Ky., during the reservists' two-week summer training on island. Inset — A K-Bay MP instructor demonstrates proper handcuffing techniques.



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Motorcycle rider teaches, shares 30 years of riding experience to benefit others

Sgt. Robert Carlson Combat Correspondent

Motorcycle riding is a skill of the head and the eyes, not of the hands and the feet. In order to be a safe rider, motorcyclists must use their head figuratively and literally.

These are the two most important bits of knowledge Dan Martyniuk, Motorcycle Safety Course instructor/trainer, tries to get his students to remember.

Martyniuk has been riding motorcycles for more than 30 years, and has been training motorcyclists for more than 16 years. His wealth of experience is just one of the many benefits graduates of his course receive during the three-day course.

The basic course — the one required to get a base decal and a discount on insurance premiums — is called "Riding and Street Skills," and involves about a 50/50 split between riding and classroom study. At

the end of the course, students are evaluated by both written and practical application evaluation.

Martyniuk said he has trained more than 8,000 riders, and the majority of them attended the class just because they wanted to become better riders.

"Motorcycling represents an extreme challenge to many people, and it's amazing how many people overcome those challenges by attending the course," he said. "Most students say they actually feel more empowered after finishing the training."

The course teaches riders the basic skills necessary to manage the risks involved with riding a motorcycle. Martyniuk starts with the basics and progresses to some of the more challenging maneuvers by the end of the course.

"We start off walking the bikes across the range so you can get a feel for your



at Pohert Carlson

Instructor Dan Martyniuk demonstrates and explains the correct way to make a sharp turn from a stop.

bike and know what it takes to balance it," he told his students at the beginning of the most recent class. By the end of the three-day course, those same students were confident making sharp turns from a stop, and doing more challenging maneuvers like swerving and controlled hard stopping.

In addition to the benefit of Martyniuk's experience, students also gain a better understanding of motorcycling through his knowledge of what causes crashes.

"Crash data shows that approximately 92 percent of riders involved in crashes were self-taught," he said. "They are overrepresented in the statistics."

The crash data Martyniuk refers to comes from the Navy Safety Center, Professor Harry Hurt of the University of Southern California Traffic Research Institute, and state and local data. By reviewing the data, and monitoring trends



0.1.0.1.0.1

After each demonstration, and before each exercise, Dan Martyniuk explains the correct procedure.

in what causes crashes, he can pass on information to students about how to avoid crashing.

"A lot of people go through a lot of trouble to avoid coming to this class," Martyniuk said. "I really don't understand why anyone would not want this knowledge."

The MCB Hawaii Base Safety Center Motorcycle Safety Course differs from off-base courses in several ways.

First, the course is offered at no charge to active duty servicemembers and their families. The course also allows students to ride their own motorcycle as opposed to a loaner bike provided by most other schools. Becoming more familiar with their own motorcycle, and avoiding the fees associated with the off-base courses should be reason enough to sign up for the base course. Successfully completing the course usually entitles the riders to an insurance premium discount as well. The most compelling reason to sign up for a motorcycle safety course though, is that the knowledge you gain may save your life.

To sign up for the Motorcycle Safety Course, or for more information, call the Base Safety Center at 257-1831.

1999.

Smith said.

DoD attacks use of Ecstasy designer drug

Gerry J. Gilmore American Forces Press Service

WASHINGTON — What drug comes in tablets, makes "painful" realities go away and is popular among hedonistic young people today — including some servicemembers?

The answer is an illegal "designer" drug called Ecstasy, also known as "Adam," "XTC," "Clarity" "Essence," among other street names.

Its use by servicemembers increased markedly in fiscal 1999, and that's a concern to the Department of Defense," said Army Col. Mick Smith, science and testing officer of DoD's Office of the Coordinator for Drug Enforcement Policy and Support.

The DoD has tracked Ecstasy and servicemembers' use since the early 1990s.

"Our primary concern was that this was a popular drug in Europe, and we had servicemembers stationed there." Smith said.

The DoD mandated service-wide random testing for Ecstasy in 1997.

Ecstasy is the common name for 3, 4methylenedioxymethamphetamine, a synthetic, psychoactive drug. It has no medical value and cannot be prescribed legally, Smith said.

The drug is mostly manufactured in secret labs in the Netherlands and Belgium, with worldwide distribution arranged by organized crime.

Most people who use Ecstasy range in age from 14 to 25, with 18 being the most common age, he said.

When ingested, Ecstasy is quickly absorbed into the user's bloodstream, Smith said. It goes to the brain and causes a massive release of a natural chemical called serotonin.

is a chemical that makes us feel good, so the **Ecstasy** user feels euphoria and a heightening of his or her senses," he said. "The user will also experience increased heart rate, increased energy

"Serotonin

One "hit" of Ecstasy, which can cost up to \$30, may last four to six hours, he added.

level and may

hallucinate."

However, Ecstasy has a dark downside not readily apparent to

the "invincible" young people who use

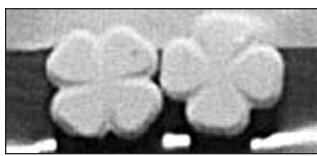
"Recent scientific evidence has shown that even small amounts of Ecstasy damage the nerve cells that produce serotonin and cause permanent brain damage," Smith said. "Users become depressed and suffer from memory loss. Some chronic users become permanently depressed."

Smith notes that Ecstasy has been popular since the late 1980s among young people overseas, particularly in Europe.

The drug has become a signature of youthful crowds that dance all night in

"Ecstasy has a dark downside not readily apparent to the 'invincible' young people who use it."

> Army Col. Mick Smith Office of the Coordinator for Drug **Enforcement Policy and Support**



One form of the illegal drug Ecstasy that has no medical value.

drated, have elevated temperature, have a drop in blood pressure, have a seizure, and die," Smith said. "There have been numerous reports of young people dying after Ecstasy use."

Each 300 milligram Ecstasy tablet contains about 75 to 150 milligrams of the drug, often mixed with other chemicals, Smith said. The tablets may be branded with logos such as butterflies, lightning

Drug Control Policy reports that most Ecstasy comes from Europe, but noted recently that the Drug Enforcement

packed, overheated clubs called "raves."

The drug has crossed the Atlantic in force: U.S. hospitals participating in the Drug Abuse Warning Network reported that Ecstasy-related emergency room incidents increased nationwide from 250 in 1994, to 637 in 1997, to 1,142 in 1998.

Ecstasy abuse can be dangerous.

"Users taking too much Ecstasy may become dehy-

> gions where Ecstasy use is most prevalent. The largest recent increase in use has been in the Northeast." Using Ecstasy violates Article 112-A of

the Uniform Code of Military Justice, Smith said. The article outlaws the knowing use of

Administration seized five clandestine

Ecstasy labs in the United States in early

bers' drug abuse seriously. It uses edu-

cation and deterrence — most notably in

the form of random urinalyses testing —

to reduce drug demand within its ranks,

he said, pointing to the relatively low

number of servicemembers who are test-

ses in fiscal 1999, according to Smith.

Marijuana positives were 12,006, cocaine

positives were 2,839, methamphetamine

positives were 807, Ecstasy positives

were 432, and lysergic acid diethylamide

Additionally, the Defense Department

"Next year, DoD will implement a bet-

has worked for three years to develop a

ter screening process in its random drug

testing program that will be more sensi-

tive and identify more Ecstasy users," he

said. "(The) DoD has also been working

with law enforcement officials to track

and identify sources of supply and re-

ing positive for illegal drug use.

LSD — positives were 325.

better drug test, Smith said.

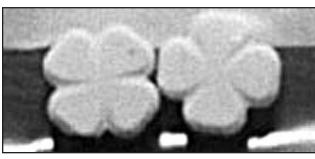
These efforts continue to be successful,

The DoD conducted 2,273,998 urinaly-

The U.S. military takes servicemem-

any illegal drug in the military. Drug users are subject to punitive discharges, prison or both.

"Many drug users believe that they will not get caught, but when they do get caught in a random drug test, the conse-



bolts, zodiac signs, stars and clovers. The president's Office of National

quences are harsh," he concluded.

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Dietary supplements? Doctors advise to ask them before taking

Gerry J. Gilmore American Forces Press Service

WASHINGTON - People thinking about taking dietary supplements to pep up, bulk up or slim down ought to ask their doctor or other health provider first.

Dietary supplements can affect different people differently and may also interact adversely with prescription drugs, said Army Col. Mike Heath, the pharmacy consultant with the Office of the Army Surgeon General.

"It is in your best interest to talk to your health care provider before you take a dietary supplement," Heath said, "particularly if you know that you have a family history of heart disease, high blood pressure, diabetes, [or] asthma."

Dietary supplements, which include so-called energy boosters, over-thecounter diet pills and bodybuilding drinks or mixes, can also pose risks for people not taking prescription drugs.

"Anytime you put a chemical in your body, your body metabolizes or digests it, and there can be potential side effects," he noted, to include allergic reactions.

Heath said energy-enhancing dietary supplements provide a caffeinelike boost, similar to how strong coffee affects the central nervous system.

"It is a stimulant - it gives you a 'buzz' and affects the heart and cardiovascular system in terms of raising your blood pressure and increasing the heart rate," he explained.

Heath recommends that military members not take dietary supplements, such as products containing the chemical compound ephedra, before engaging in strenuous phys-



The military is testing the affects of dietary supplements when used in combination with other medications.

ical activity.

take these performance enhancing drugs or energy boosters and then go out and perform the PT test, particularly in hot weather," he said. "If you had some underlying problems, you could be setting yourself up for potentially serious side affects."

People should also be aware that, with the exception of vitamins, the Food and Drug Administration doesn't regulate dietary supplements the same way as it does prescription and other over-the-counter products, Heath said.

Under the Dietary Supplement Health and Education Act of 1994, the dietary supplement manufacturer is responsible for ensuring that a dietary supplement is safe before it is marketed, according to the FDA.

The FDA is responsible for taking action against any unsafe dietary supplement product after it reaches the market, according to the website. Generally, manufacturers do not need to register with FDA nor get FDA approval before producing or selling dietary supple-

"There is no [FDA] "I'd caution them not to standardization of quality control in terms of what is in" dietary supplements, Heath noted, adding that the potency of doses and other inert additives can vary from batch to batch.

The bottom line, Heath said, is that dietary supplements are "chemicals you are putting into your body."

"How do you know, unless you ask someone qualified, whether or not these products can interfere with other drugs, to include any other overthe-counter products that you are taking?" he concluded.

Education coalition seeks help for students in transit

Rudi Williams American Forces Press Service

PALM HARBOR, Fla.- "Welcome. We care about you and your success in this new place." That's the message the Department of Defense and the Military Child Education Coalition want to send transitioning students of military families, according to Charles S. Abell, assistant secretary of defense for force management policy.

"Not only is it the right thing to do, it's also an investment in our future," Abell told more than 300 coalition members, educators, parents, DoD representatives and military personnel here July 11 at the coalition's third annual conference. The nonprofit coalition is an advocate for all military and military-related students who attend public, private, host nation and home schools.

"One of our recruiting studies conducted by the Navy and Air Force determined that 50 percent of today's enlistees were former military family members," said Abell, a retired Army lieutenant colonel and former Senate staffer before moving to the Pentagon. "That tells us that the U.S. military must look to the children of its members today for the force of tomorrow. The more positive the educational experiences in the lives of our young people, the greater our investment in the future."

He emphasized that the coalition's dedication to improving the educational well-being of the students is an immense contribution to the quality of life of military families. Based in Harker Heights, Texas, the coalition establishes partnerships and provides networking of schools and military installations to ensure that mobile military students are treated

equally in the educational process.

Making things right for the military child in transition is a tall order, Abell said. Quoting education reform researcher Andy Hargreaves, he cited four necessary pillars of change.

Abell said the first pillar is "hard thinking" built on facts. He noted that demographic data about military children show that more than 1 million military family members are under age 18. Eighty percent of servicemembers are under 35. They become parents when they're under 25 — younger than civilians — and tend to have children later than their civilian counterparts as well.

Eleven percent of all married servicemembers are in marriages where both spouses are on active duty. As of September 2000, more than 90,000 servicemembers were single parents. On average, the military family moves nine times over a 20-year career, the assistant secretary said.

He pointed out that 24 percent of military families are overseas; 224 DoD schools support 110,000 students in 14 foreign countries, seven states, Guam and Puerto Rico. Another 600,000 students attend schools in more than 600 civilian school districts near stateside military bases.

These demographics provide a partial picture of the challenge, Abell said. Recent regional roundtables sponsored by DoD and the coalition have deepened officials' understanding, he noted.

By sharing experiences, leaders, students, parents and educators help identify transition issues, such as the social and emotional needs of students, the transfer of records, course-

See EDUCATION, A-15

SALUTES =

Patrol Squadron 4

Achievement Navy Medal Navy Lt. Meghan A. Bueno Navy Lt. J. Matt Carrasco Chief Petty Officer Alex D. Menez Petty Officer 2nd Class Earl Jay Navarro Petty Officer 2nd Class Jay L. Pearson Petty Officer 3rd Class Jennifer E. Brown (sec-

ond award)

Letter Of Commendation Petty Officer 1st Class Richard J. Thomas Petty Officer 2nd Class June K. Eyerman **Petty Officer 3rd Class** Jessica R. Cole **Petty Officer 3rd Class** Kieth E. Schaefer Seaman Dereck J. Overton Seaman Alana J. Snyder (second award)

Good Conduct Medal Petty Officer 2nd Class Melissa L. Harris



Safety Pro Award Petty Officer 3rd Class Adam C. LaSalle

Junior Sailor Of Year Petty Officer 2nd Class Navy/Marine

Maria C. Satimbre

3rd Bn., 3rd Marine Regiment

Achievement Medal Sgt. Felix Carr Sgt. Chad Mielke Cpl. Michael Octavio Cpl. Paul Dubard Corps Cpl. Brian Ferriera

Certificates of Commendation Sgt. Franklin Acree Cpl. James Kick Cpl. Jesse Magana

Cpl. Soheil Ward

Cpl. Lance Timothy Brown Lance Cpl. Joshua Carr Lance Cpl. Marc Ingram Lance Cpl. Christopher Settle

Letters of Appreciation CWO-2 Anthony Christopher Staff Sgt. Charles Davis Sgt. Felix Carr Sgt. Chad Mielke Cpl. Michael Octavio Cpl. Jesse Magana Cpl. Soheil Ward Cpl. James Kick Lance Cpl. Timothy Brown Lance Cpl. Joshua Carr Lance Cpl. Marc Ingram Lance Cpl. Christopher Settle

Marine Heavy Helicopter Squadron 363

Certificate of Commendation Cpl. Anthony J. Strocio

Promotions Sgt. Michael P. Collier Cpl. James W. Curry Cpl. James M. Hoyle Cpl. David J. Sorg Cpl. Lucas C. Waltz

A-8 • July 19, 2001 HAWAII MARINE

EVERY CLIME AND PLACE 31st MEU begins new cycle with TRUEX 01-2



US Navy photo by PH2 Crystal M. Brooks

Marines of the 31st Marine Expeditionary Unit (MEU) wait to be extracted from a completed raid during last cycle's Training in an Urban Environment Exercise.

<u>Lance Cpl. John Hoellwarth</u> 31st MEU Public Affairs

ANDERSEN AIR FORCE BASE, Guam - A small detachment of Marines from the 31st Marine Expeditionary Unit recently landed here to conduct Training in an Urban Environment Exercise 01-2.

The bi-annual exercise affords MEU Marines the opportunity to sharpen their skills in small-scale urban training.

The TRUE is designed to prepare Marines for future operations in built-up areas. To prepare for this type of situation, Marines will spend approximately three weeks conducting various missions in a variety of urban scenarios.

"The TRUEX is the first exercise in each cycle. This TRUEX is different in that the MEU had very little down time between returning from Australia and leaving for Guam," said CWO-2 Bob Reed, Operations Officer, 31st MEU.

In mid-June, the MEU returned from a six-week deployment to Australia, where it trained with the Aussies during exercise Tandem Thrust-01. Less than a month later, it is back to doing what it does best — train for war.

The TRUEX familiarizes Marines with the special considerations required when operating in an urban setting. Since the possibility of fighting in an urban area does exist, Marines must train for the challenges presented on this type of battlefield. Guam has become an ideal setting, as it provides a variety of necessary training areas and urban sites for this type of training.

The TRUEX has traditionally involved only the Maritime Special Purpose Forces (MSPF) of the MEU. For this evolution, the exercise is supported by the MSPF, a robust reconnaissance and surveillance team; security forces, and specialized detachments of the MEU's command element.

The training and experience received during the exercise will keep the MEU ready for any real-world situations it might encounter as the Marine Corps' only constantly forward-deployed and combat-ready Marine Expeditionary Unit.

Following the training, the Marines can expect to enjoy a few days of liberty before heading back to Okinawa.

A-10 • July 19, 2001 HAWAII MARINE

AESC turns 47



Photo courtesy of Michelle Bandy

The All Enlisted Spouses' Club held their 47th annual ceremony at the AESC Pearl Harbor Memorial located behind the Naval base's Pass and I.D. building, July 4. Several club spouses including (from left to right) Trisha Harvilicz, Thrift Shop bookkeeper; Christy Knight, president; Michelle Bandy, treasurer; and Amanda Harris, recording secretary, remembered past and present members who have given of their time and experience to support the Marine Corps and Navy communities aboard MCB Hawaii, Kaneohe Bay. Spouses who are interested in joining AESC can attend a regular meeting any third Tuesday at 7 p.m. at Building 579 (the Armed Services YMCA building). Call Christy at 253-0126, for more information.

A-12 • July 19, 2001 HAWAII MARINE

Crime prevention demands vigilance

Aiko Brum Editor

Just imagine those atypical Monday mornings when you awaken to a bright and beautiful day, and all is well in your world and in your life. In fact, on those days the rays of sunlight may lull you from your slumber though you submit to them willingly, peacefully and easily. The birds may be chirping. You may awaken feeling fully rested and capable of tackling anything that comes your way.

Possibly you rise from your bed and it seems as if the whole morning will trot along with unburdened peace and ease. Therefore, you shower, groom and dress yourself with mirth. You kiss your wife, your husband, your pet - whatever's available and kissable - then embark to give your full day's wages.

Naturally, doesn't something or someone have to bring this adorable scenario to a screeching halt?

Unimaginable and unwanted, on this particular morning when you step to your car, sport utility vehicle or truck with that skip and whistle in your head, you mosey along only to discover evidence of tampering when you unlock your door. Someone has indeed violated your property and ruined what promised to be a worthwhile day.

"During the summer season, we see an increase in mischievous behavior and vandalism," said Sgt. Kendra Gasper, noncommissioned officer-incharge of Crime Prevention with Headquarters Bn., MCB Hawaii. "We get an increase in broken windows and other non-serious incidents."

Many incidents never reach the military police blotter, which logs criminal incidents. Many are simply noted in the military police journal that logs minor incidents not requiring a report, said Gasper.

However, when school lets out, military police often see an increase in the numbers of broken windows and small property thefts such as bicycles.

In past years, neighborhood watch community organizations often held mischievous acts to a minimum. Camp H. M. Smith boasts an effective program; however, the Kaneohe Bay community does not currently participate in neighborhood watch.

When residents become involved in their neighborhood, incidents remain low. Yet, complacency sometimes prevents communities from participating in neighborhood watch programs, said Gasper, that is, until something happens, she added.

"People need to take some time to make sure their belongings are secure," said Gunnery Sgt. Jon Savoie, chief investigator at the Criminal Investigation Division, Military Police Department, which responds to incidents. "People need to be looking from a criminal's perspective and asking 'Is it easy to get into my vehicle; what can I do to prevent crime?'

"Often, base military residents are lulled into a false sense of security because they are closed in," Savoie continued. "However, unfortunately, there are always criminal elements out there, so you need to lessen their opportunity to commit crime."

At K-Bay and Camp H.

See CRIME, A-14

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Sgt. Robert Carls

Harwell speaks to members of the media from inside his new humvee.

HUMVEE, From A-1

Harwell said he's looking forward to driving his new vehicle in the Smokey Mountains in Tennessee.

"Honestly, if this was a Ferrari, I would have sold it right away," he said. "This is my dream car though, and it's going to see a lot of work when I get it home."

Harwell has no plans to baby his dream machine. When reporters asked him what he was going to do with the beast of a truck, Harwell said two words — "hunting" and "fishing."

"I was about to leave BayFest after my wife and I went on a few rides, but we decided to go by the Hummer to see if our names had been drawn," he explained. "When I realized my name had been selected, I just knew I could win it. My wife kissed the airplane right before I threw it, and I think that's what won it for me."

QDR, From A-1

force-shaping structure.

The Military Force Structure Act of 1996 ordered the first QDR, and the Fiscal 2000 National Defense Authorization Act made the requirement permanent.

Planning for the QDR in progress began last year. Service, DoD, Joint Staff and Joint Command officials began putting together the information used in the QDR analysis. The process slowed a bit while the Bush administration formed.

The president charged Rumsfeld

to conduct a strategic review of the Defense Department. Now finished and the secretary used the information from the reviews to set the terms of reference for the QDR.

The final QDR product is due to Congress by Sept. 30, 2001. The next QDR will be conducted in 2005.

CRIME, From A-12

M. Smith, programs such as Drug Education for Youth help to mold responsible youth.

Also, Operation I.D. deters crime by placing identifying engravings on high-value items. Still, vigilant parenting remains the best factor in deterring crime that involves youth, according to Gasper. When parents know where their children are and who they're hanging out with, this also helps mischievous incidents to remain low.

"Currently, a curfew remains in effect for juvenilles up to 16 years old," said Gasper. "No one un-

der 17 years old should be out and about after 10 p.m. or before 6 a.m., unless he or she is returning from an organizational function or work."

K-Bay residents who would like to get more involved by starting a neighborhood watch program in their housing area should contact the Crime Prevention Section at 257-2103 ext. 314. Also, residents who suspect or encounter mischievous incidents should call the military police desk at 257-2103.

Surely, as anyone would agree, no day or time of the week is a good one to awaken and be found a victim to crime.

OVERDOSE, From A-1

tent.health.msn.com.

The MCB Hawaii Substance Abuse Control Center periodically holds Ecstasy awareness briefs to teach Marines and Sailors aboard the base about the dangers of Ecstasy.

For more information, or to coordinate a briefing for a unit, contact the base SACC at 257-8910/3900 or 7120.

-MILITARY POLICE BLOTTER:

Traffic Court

There were 72 traffic citations issued for July 6-12.

The Blotter

-Two Marines reported that the fire sprinklers activated in their barracks rooms damaged clothes and various items of electronic equipment.

-A Marine reported that person(s) unknown stole \$200 from his office.

-A Marine was apprehended for assault, drunk and disorderly conduct and uttering racial slurs after he assaulted another Marine and made comments about his race.

-A Marine reported that person(s) unknown stole approximately \$700 worth of gardening equipment.

-A Marine was involved in a traffic accident after he was backing his vehicle and hit another vehicle.

-A Marine was apprehended for

driving without a driver's license after he was stopped for speeding.

-A civilian worker reported that person(s) unknown stole a work trailer. Upon further investigation it was found that the trailer had been moved.

-A Marine's wife was detained after she was involved in a verbal altercation with her husband, which became physical when she pushed him.

-A Marine reported that person(s) unknown entered his vehicle and stole his power amplifier, compact disc player, and speaker box with two subwoofers.

-A Marine's wife reported that person(s) unknown entered her vehicle and stole her stereo, amplifier, 10 CDs, a subwoofer, speakers and her wallet containing \$40.

-A Marine reported that person(s) unknown stole his burgundy and silver motorcycle cover.

-A Marine reported that person(s)

unknown tried to enter his quarters and damaged his door.

-A Sailor was apprehended after he was using a temporary pass to come aboard base, which was issued to another vehicle.

-A Marine reported that person(s) unknown stole \$23 from their mess funds.

Lost and Found

To contact Lost and Found, please call Cpl. Fernandez at 257-2103, ext. 325.

Neighborhood Watch

Crime Prevention is looking for neighborhood representatives to take charge of local neighborhood watch programs.

Crime Prevention

Call 257-2103, ext. 314 for info.

EDUCATION, From A-6

work and grades; incompatible graduation requirements; redundant or missed entrance and exit testing; exclusion from extracurricular activities; and special education needs, Abell said.

The second pillar: "We must reach into our hearts to care more deeply about our students," he said. In one such effort, Abell said, DoD has established the Education Opportunities Directorate, which identifies promising practices for students in transition and encourages school districts to adopt them.

"The third pillar of change has to do with forging strong emotional bonds with partners," Abell said.

For example, he said the Bellevue School District and Offutt Air Force Base near Omaha, Neb., broke ground on June 25, 2001, for a four-building welcome center complex billed as "first stop, all-inone shopping." The center will house the Air Force Heritage Museum and chamber of commerce.

"In comfortable surroundings, the entire family will meet their sponsor for the first time," Abell said. "A glass- enclosed, professionally supervised child care center will allow parents to observe their children while addressing school registration, housing, spouse employment and other important issues."

Among other things, the center will have Internet and phone services to help new families keep in touch with friends and relatives, assist new students with homework and aid spouses preparing job resumes. The center will also house a joint community and military library and community college to help students who wish dual enrollment — earn high school and college credits simultaneously.

Another landmark partnership is the Missouri Mathematics War College created by the state departments of economic development and of elementary and secondary education and Fort Leonard Wood. The center develops middle school mathematics teachers to counter a national decline of middle school math scores, he said.

His fourth pillar: stay-

ing optimistic and hopeful. "None of us has the money, personnel or the resources to do this job the way we might like," Abell said. "The stories I've discussed today illustrate what can be done by perseverance, belief in the cause, dedication and the energy of wonderful people